

**Bulimia: A Guide To Recovery By Leigh Cohn, Lindsey  
Hall**

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Additional resources. Anger may be the first reaction of the person with bulimia when a family member or friend opens the discussion. Bulimia: A Guide to Recovery

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**Reading list for recovery | eating disorders victoria**

Reading list for recovery Below is a list of books which are recommended by EDV staff to assist those wishing to recover from an eating Bulimia: a guide to recovery

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Written by a mother whose daughter suffers from an eating disorder, Anorexia and Bulimia Nervosa is a supportive, helpful guide for families of those with eating

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