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III. What does sleep deprivation look like and why do we need to care? Every child has "bad days", but when a child is fatigued, her most challenging behaviors.

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Kurcinka (Raising Your Spirited Child) recasts misbehaving children as children missing sleep (and thus, children who can be helped sans drugs and

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But school is hard work for your child every day of the year. sleep for children are Sleepless in America: Is Your Child Misbehaving or Missing Sleep? by Mary

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