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Beth Harbison is an American author of women's fiction. As Elizabeth Harbison, she has written romance novels and cookbooks. Hope in a Jar, St. Martin's Griffin, 2009; Thin, Rich, Pretty, St. Martin's Griffin, 2010; Always Something There

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Neijia - wikipedia

Kung fu (??) Shifu (??) Waijia (??) Chin Na (??) Fa jin (??) Neigong (??) Neijia (? Neijia is a term in Chinese martial arts, grouping those styles that practice neijing, a seminal period in the development of modern Yang, Wu and Sun-style t'ai chi ch'uan. . Wikiquote has quotations related to: Tai chi chuan

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